



Family History & the Immigration Story in Therapy



This is the second of a three-part series on multiculturalism and its impact on clinical work. It explores multiculturalism from the immigrant perspective over time and generations.

You will learn

- The evolution of cultural identity in the immigration experience and the importance of the immigration story
- The realities of culture shock, cultural grieving, and the faces of culture loss
- The stages of the acculturation process
- Therapeutic Do's and Don'ts for each stage
- Skills for opening up hard conversations about cultural issues
- Ethical considerations when working interculturally

This workshop is designed to provide a rich interactive experience for participants through group discussion, experiential exercises, visiting their personal immigration stories, lecture, and question and answer sessions. Participants are encouraged to bring examples from their clinical work.

Presented by

Harriet Cannon, MC, LMFT, LMHC

received her Master of Counseling degree from Seattle University in 1985. Harriet has specialized in working with expatriate, multicultural, and multiethnic clients for 25 years. Ms. Cannon's experience includes management, program development, and corporate consulting on intercultural transitions as well as private clinical practice. For several years, Harriet lived and worked in South America where she acquired rich experiences on acculturation and the challenges of raising children in a culture not your own.



Rhoda Berlin, MS, LMFT

has worked extensively within different cultures since receiving her master's degree in 1987. She specializes in working with people facing intercultural issues, including adoptive families, multiethnic teens and young adults. Rhoda is a second generation Korean-American and raised three children in a multicultural family. She is very familiar with the experiences and challenges multiethnic children face on their journey to adulthood and beyond. Rhoda is an Ethnic Minority and Developmental Disability MH Specialist.

When: Saturday, May, 19, 2012 from 9:00 - 4:30

Where: 451 SW 10th St., Ste. 201 Renton, WA 98057. Parking is free.

CEU: 6 for this workshop (2 for ethics); 18 for the three-part series (6 for ethics)

Other: This workshop is the second of a three-part series. Each workshop stands alone.

Cost: \$100 for each workshop. In order to keep registration costs low, we are offering minimal creature comforts. Water, hot water and tea will be available.